

# Infrared Sauna for Personal Use

This infrared sauna is designed for personal use, providing a relaxing and therapeutic experience. It features a wooden construction and a control panel for adjusting temperature and duration.



## Overview

### Therapeutic Personal Infrared Sauna

This personal infrared sauna is engineered to provide a relaxing and therapeutic experience within the comfort of a home setting. Constructed from durable, heat-resistant wood, it utilizes advanced infrared heating technology to deliver gentle, penetrating heat that promotes relaxation and detoxification. The unit features an intuitive control panel for precise temperature and duration management, complemented by integrated interior lighting and a transparent door for a spacious feel.

## Construction & Design

Material	Durable Wood (Cedar or Hemlock)
Door Design	Transparent

## Technical Features

Heating Method	Infrared Heaters
Control Panel	Yes
Interior Lighting	Yes

## Usage & Application

### Key Benefits

- Relaxation
- Detoxification
- Therapeutic heat therapy

Usage Environment	Personal Use, Home Setting
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