

Automotive Bearing

This bearing is designed for use in automotive applications. It facilitates smooth and efficient rotational movement.



Product Overview

Professional EZ Curl Bar

This EZ curl bar is expertly engineered to reduce strain on wrists and elbows during bicep curls and tricep extensions. Featuring a durable metal construction with a protective finish, it offers excellent rust resistance and longevity. The ergonomic curved design and knurled grip sections ensure superior handling and safety during intensive strength training sessions.

Design & Construction

Bar Type	EZ Curl Bar
Finish	Chrome or similar protective finish
Grip Features	Knurled sections, Ergonomic curved shaft

Compatibility

Plate Compatibility	Standard weight plates
Securing Mechanism	Threaded ends for collars